

Directions to PRE-ADMISSION TESTING UNIT (PAU)

Maine Medical Center
Brighton Campus
335 Brighton Avenue
Portland, Maine 04104-5035

From the Maine Turnpike, North or South:

Take Exit 48. At the light turn left onto Riverside Street. At the second set of lights turn left onto Brighton Avenue (Route 25). Proceed approximately 2 miles. MMC-Brighton Campus will be on your left a short distance beyond the intersection of Brighton and Stevens Avenue (Route 9). Turn left into the parking lot.

From I-295 Southbound:

Take Exit 5A the Congress St. exit. As you come off the exit ramp bear right. Bear right again at the next intersection and you be on Congress St. east. Continue over the railroad tracks, at the first traffic light, turn left onto St. John Street. Go through the first set of lights (after McDonalds), and at the second set of lights take a left onto Brighton Avenue (Route 25). Cross over the railroad tracks and continue to the top of the hill Brighton Campus will be on your right.

From I-295 Northbound:

Take Exit 5A the Congress St. exit. As you come off the exit ramp bear right. Bear right again at the next intersection and you be on Congress St. east. Continue over the railroad tracks, at the first traffic light, turn left onto St. John Street. Go through the first set of lights (after McDonalds), and at the second set of lights take a left onto Brighton Avenue (Route 25). Cross over the railroad tracks and continue to the top of the hill Brighton Campus will be on your right.

From the West - Route 302:

At the Allen Avenue intersection (McDonalds' is on the right), stay in the right hand lane and bear right onto Stevens Avenue (Route 9). Drive 1.5 miles, and at the intersection of Stevens Avenue and Brighton Avenue (Route 25), turn left. Go 2/10 of a mile, the Brighton Campus will be on the left.